

“Parenting with Empathy in a Competitive World”

Good Parenting: Thoda Pyaar, Thoda Bharosa

Parenting is not about perfection; it is about connection. Every parent dreams of seeing their child succeed, stand tall in society, and live a secure life. In this journey, we sometimes forget one simple truth — bacche sirf sunte nahi, mehsoos bhi karte hain.

In today's fast-paced world, children are surrounded by expectations — marks, ranks, competitions, and comparisons. While parents' intentions are always good, excessive pressure can silently affect a child's confidence and happiness. Har bachcha ek jaisa nahi hota, and that is perfectly okay.

Good parenting begins



with samajhna, not sirf samjhana. When a child comes home with a report card, what matters most is not the number on the paper, but the effort behind

it. A gentle “Koshish achhi thi” often works better than a strict “Aur zyada la sakte the”.

Children need pyaar, bharosa aur suraksha —

emotional safety where they can share their fears without darr. When parents listen patiently instead of comparing with Sharma ji ka beta, children feel

“Achhe marks ek achievement hain, par achha insaan banana sabse badi zimmedari hai. Parenting is not about raising toppers, but about raising khush, samvedansheel aur zimmedar insaan. Because in the end, ghar ka mahaul hi bachchon ki pehli classroom hota hai.

- Ms.Razia Lakhani, Principal (Primary section)
(Priyadarshani School, Moshi)

valued. And a valued child grows into a confident adult.

Discipline is important, but discipline without affection feels like pressure. Setting boundaries with pyaar aur logic teaches responsibility better than gussa. Sometimes, sitting together for chai and baat-cheet can solve more problems than long lectures.

Good parenting also means allowing children to make mistakes. Galtiyaan

hi toh zindagi ka sabse bada teacher hoti hain. When parents stand by their child during failure, they teach resilience — a life skill no textbook can provide.

Most importantly, children don't need perfect parents; they need present parents. A few minutes of undivided attention, honest appreciation, and encouraging words like “Hum tumhare saath hain” can do wonders.

Can You Solve This Mystery?

Before we begin, try this quick brain-teaser: "I am an odd number. Take away one letter and I become even. What number am I?" (Scroll to the bottom for the answer!) Math: The Secret Tool in Your Pocket Did you know that you are already a math expert? Every time you share your cookies equally with a friend, count how many steps it takes to get to the swings, or check the clock to see if it's time for lunch, you are doing math! Math isn't just about big numbers or boring worksheets. It is like a magical map that helps you understand the world. From the way a honeybee builds its hive in perfect hexagons to the way your favorite video game tracks your high score, math is everywhere! Three Ways to Make Math Your Best Friend

1) Use Your Toys: If a problem feels hard, use Lego bricks, marbles, or even pieces of cereal to act it out. Seeing the numbers with your eyes makes them much easier to understand than just looking at a page.

2) Draw a Picture:



Math is very visual! If you are stuck on a word problem, draw a quick sketch. If the problem says

"three bags of five apples," draw three circles with five dots in each. Suddenly, the answer (15) pops right out!

3) The "Power of Yet": If you get a question wrong, don't worry! It just means you haven't mastered it yet. Every mistake is like a "level up" in a game—it shows you where you can get stronger. A Little Math Giggle I asked my teacher, "Why is math so sad?" She looked at me and said, "It's not that bad!" I said, "But look at the textbook, it's truly a mess." It has way too many problems, I must confess! Keep practicing, keep playing, and remember: your brain is a muscle. The more you use it for math, the stronger it gets!

Puzzle Answer: The number SEVEN (If you take away the letter "S," it becomes "EVEN") Ms. Rajpreet Kaur, Primary Teacher Priyadarshani School, Moshi

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